

PRIDE POST

OCTOBER 2020



LRHS STUDENT SERVICES

Leesville Road High School Student Services <http://leesvillestudentservices.weebly.com/>

SENIOR CORNER



- Be sure to book your **senior conference** with your counselor asap. Here is the link:
<http://leesvillestudentservices.weebly.com/staff.html>
- **Mid Year Graduates**-If you did not attend the Mid-Year Graduation Meeting, be sure to watch this video<https://drive.google.com/file/d/1pw01DoIMdy8Mva2X7eJNJpBjN7hfV2t5/view>
- **Countdown to College** is an opportunity for seniors to apply to many of the college in North Carolina from October 19 through October 30. For all the details, go here:
<https://bit.ly/3dt4MRP>
- **Senior Personal Profile**-Complete this Google Form to help your teachers and counselors complete their letters of recommendation:
<https://docs.google.com/spreadsheets/d/1wjUkwMtHQgWeBHhRqx-gCsVTJgWJUoIP0JWtsgmbLw/edit?usp=sharing>
- **October Scholarship Bulletin**-
<https://www.wcpss.net/cms/lib/NC01911451/Centricity/Domain/1078/October.pdf>
- **Virtual College Tours**- Use this link to find several Virtual College Tours.
<http://leesvillestudentservices.weebly.com/college-fairs--visits.html>

BREAKING NEWS

The North Carolina Governor's School is a 5½-week summer residential program for gifted and talented high school students, integrating academic disciplines, the arts, and unique courses on each of two campuses. The curriculum focuses on the exploration of the most recent ideas and concepts in each discipline, and does not involve credit, tests, or grades. Detail on how to apply can be found here:
<https://www.wcpss.net/cms/lib/NC01911451/Centricity/Domain/1078/Initial%20Announcement.pdf>

NCAA Information- If you are a prospective College Athlete, here are some great resources to help you with the NCAA Registration Process:

- Video on the Registration Process- <https://bit.ly/33JSa5F> -
- REgistration Slideshow: <https://bit.ly/2FeOEXy>
- Webinar for Prospective Athletes on November 7. Go here to register: <https://bit.ly/3jZajCi>

AP Exam Registration-This is a reminder to all Fall AP Students to let Mr. Greene know by October 30 if you do NOT want to take any of your Fall AP Exams. Email him if you wish to cancel-egreene@wcpss.net

Virtual Counselor Booth-Would you like to talk with the school counselors virtually to discuss any general topics about school or your future plans? If so, the LRHS Virtual Counseling Booth will be open the last Thursday of every month from 11:15 to 1:00 pm. The Google code will be: **lrhscounselorbooth**. The first session will be October 29.





SOCIAL/ EMOTIONAL SUPPORT DURING REMOTE LEARNING

Dealing with uncertainty and the unknown has an effect on our well-being. Anxiety during this time is an understandable reaction, whether you have been dealing with anxiety all along or this is a new development in your life. We understand that not being able to connect makes this time more difficult. Please know that all of our students and families are on our minds during this unprecedented time in our lives. At this link you will find many resources that you can utilize for support:

<http://leesvillestudentservices.weebly.com/personal-help.html>

You may also contact your counselor by emailing them. Use this link for counselor email addresses:

<http://leesvillestudentservices.weebly.com/staff.html>

STRATEGIES FOR SELF CARE

Be Mindful- Mindfulness is the basic human ability to be fully present, aware of where we are and what we're doing, and not overly reactive or overwhelmed by what's going on around us.

